



# Life is Beautiful

by Helen Stubbings

Quilt by Helen Stubbings  
Machine quilting by Tracey Browning of Constantine Quilts



Quilt Size: approximately 45" x 50"

## FABRIC REQUIREMENTS:

Pattern #23131 – MULL.....	1 Panel
Pattern #23132 – PIN1 .....	1/8 yard
Pattern #23132 – MULL.....	1/8 yard
Pattern #23133 – MULL.....	1/3 yard
Pattern #23134 – MULL.....	1/8 yard
Pattern #23134 – BLU1 .....	1/8 yard
Pattern #23135 – BLU1 .....	1/8 yard
Pattern #23135 – DKBLU1 .....	1/8 yard
Pattern #23136 – GRY1 .....	5/8 yard
Pattern #23136 – PIN1.....	7/8 yard
Pattern #23136 – RED1 .....	1/8 yard
Pattern #23136 – BLU1 .....	1/8 yard
Pattern #23137 – LTGRY1.....	1/8 yard
Pattern #23137 – LTPIN1 .....	1/8 yard
Backing.....	3 yards
Batting.....	53" x 58"

## CUTTING INSTRUCTIONS:

Please read all instructions carefully before beginning. 1/4" seam allowance is included in measurements and all strips are cut across the width of the fabric unless noted otherwise. Label pieces and keep together until ready to sew. These instructions are based on unwashed fabrics.

### A. Pattern #23131 – MULL (panel):

1. Cut panel to measure 23 1/2" x 42 1/2".

### B. Pattern #23133 – MULL (squares):

1. Cut fourteen 3 1/2" x 3 1/2" squares.

### C. Pattern #23136 – GRY1 (damask):

1. Cut six 1 1/2" x 42 1/2" strips.
2. Cut two 1 1/2" x 25 1/2" strips.
3. Cut four 1 1/2" x 8 1/2" strips.
4. Cut two 1 1/2" x 43 1/2" strips.

### D. Pattern #23136 – PIN1 (damask):

1. Cut two 1 1/2" x 44 1/2" strips.
2. Cut two 1 1/2" x 43 1/2" strips.
3. Cut five 1 1/2" x WOF strips.
4. Cut five 2 1/2" x WOF strips for binding.

### E. From remaining fabrics, cut the following sets for each block (14):

1. Cut one 1" x WOF strip; cross-cut two 1" x 3 1/2" strips and two 1" x 4 1/2" strips.
2. Cut one 1 1/2" x WOF strip; cross-cut two 1 1/2" x 4 1/2" strips and two 1 1/2" x 6 1/2" strips.

For fourteen blocks, you'll need a total of: twenty-eight 1" x 3 1/2", twenty-eight 1" x 4 1/2", twenty-eight 1 1/2" x 4 1/2" and twenty-eight 1 1/2" x 6 1/2" strips.

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## PIECING INSTRUCTIONS:

### A. Center Panel:

1. Sew one C 1 1/2" x 42 1/2" strip to each side of the panel. Trim strip even with block; press seams outward.
2. Sew one C 1 1/2" x 25 1/2" strip to top and bottom of the block. Trim strip even with block; press seams outward (Figure 1).

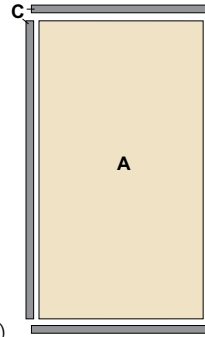


Figure 1

### B. Blocks:

Refer to quilt photo for fabric placement.

1. Sew one 1" x 3 1/2" strip to the top and bottom of each B 3 1/2" x 3 1/2" square. Press toward square.
2. Sew one 1" x 4 1/2" strip to both sides of each B 3 1/2" x 3 1/2" square. Press toward square.
3. Sew one contrasting 1 1/2" x 4 1/2" strip to the top and bottom of each block. Press toward border.
4. Sew one contrasting 1 1/2" x 6 1/2" strip to both sides of each 3 1/2" x 3 1/2" square. Press toward border (Figure 2). Repeat steps 1-4 for remainder of blocks.

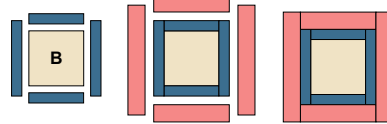


Figure 2

5. Join fourteen blocks together into two vertical rows of seven. Press.
6. Sew one C 1 1/2" x 42 1/2" strip to both sides

of each pieced block panel. Press seams outwards.

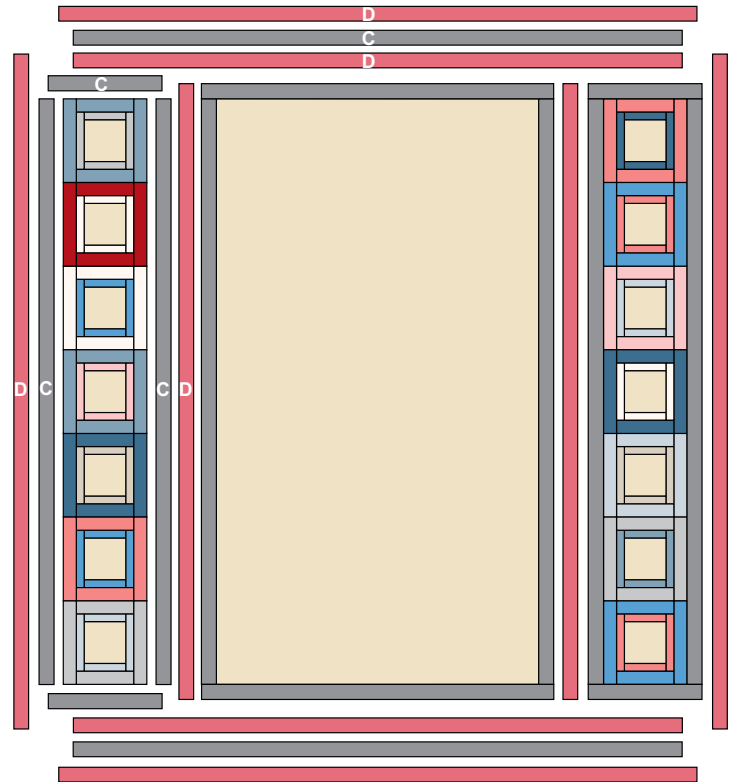
7. Sew one C 1 1/2" x 8 1/2" strip to top and bottom of each pieced block panel. Press seams outwards.

## QUILT ASSEMBLY: Refer to Quilt Diagram.

1. Sew one D 1 1/2" x 44 1/2" strip to each side of the panel unit. Press seams towards panel.
2. Attached a pieced block unit to each side of center panel. Press seams toward grey.
3. Sew one D 1 1/2" x 43 1/2" strip to the top and bottom of the quilt. Press seams towards grey.
4. Sew one C 1 1/2" x 43 1/2" strip to the top and bottom of the quilt. Press seams towards grey.
5. Sew five D 1 1/2" x WOF strips together end-to-end. Cross-cut two 1 1/2" x 48 1/2" strips and two 1 1/2" x 45 1/2" strips.
6. Sew one D 1 1/2" x 48 1/2" strip to each side of the quilt. Press seams toward grey.
7. Sew one D 1 1/2" x 45 1/2" strip to the top and bottom of the quilt. Press seams toward grey.

## FINISHING:

1. Prepare backing to measure 53" x 58". Press seams open.
2. Layer quilt top, batting and backing. Baste layers together.
3. Quilt as desired.
4. Trim layers even with quilt top.
5. Sew binding strips together with diagonal seams. Press seams open. Sew binding to quilt using your favorite method.
6. Make a hanging sleeve and sew to the back of quilt.



Quilt Diagram